

Introvert Personality Among The Female Nursing Staff In The Urban Hospital

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Abstract— The present study aimed to know the introvert personality among the nurses working in the hospital. It also aimed to check personality with reference to type of education and shift. The Introvert - Extrovert Personality Inventory (IEPI) by Dr. Ashwin Jansari (2013) was used. The sample constituted total 120 nurses out of which 60 were from full time female nursing staff (30 day shift and 30 night shift) and 60 from contractual female nursing staff (30 day shift and 30 night shift). The data was collected from Ahmedabad City. The data was scored, analyzed as per the manual. 'F' test was being calculated. The result showed that (1) There is no significant difference in the mean score of introvert personality among the full time and contractual female nursing staff, (2) There is significant difference in the mean score of introvert personality among the female nursing staff of day and night shift. Therefore it could be said that the female nursing staff of night shift group is having high personality than female nursing staff of day shift group and (3) There is no significant difference in the interactive effect of the mean scores of introvert personality with regards to the type of education and shift.

Keywords— Introvert Personality, full time and contractual nursing staff, day and night shift

I. INTRODUCTION

Nursing is noble and humanistic professional service which is not only a work but its are duty with dignity for human kind by its very nature, an occupation exposed to stressful work load which in turn is linked with poor physical and psychological health. Likewise patients approaching hospitals are themselves suffering a considerable degree of stress often being difficult, frightened and resentful. Staff Nurses working in hospitals have to find themselves responding with a growing sense of irritability and frustration. In the absence of doctors, nurses are on the front line and have to face verbal abuse from patients and relatives for issues that may not be directly connected to their work. Physical violence and aggressiveness is also on the rise in patients and their relations. Demanding patients and their relatives can cause conflict and lead to more stress. Patients' expectations from nurses in a hospital setting are sometimes unreasonable and they tend to be aggressive. Staff Nurses can easily become disillusioned, cynical, depressed with the condition of Stress.

Personality Factors in Nursing Care A number of personality factors include perfectionism, over-involvement with patients, self-esteem, sense of mastery and purpose in life (Sherman, 2004), low education level, low work experience, low status, economic hardships, difficulty in childcare and doing house chores, and personal and family

health problems (Demir, Ulusoy, et.al., 2003). This means that a person who has poor valuation of herself, and one who has inadequate training and poor perception of skills may more likely to encounter stress compared with someone who has positive self-efficacy.

Definition of Personality :

There is no clear definition of this word. The word personality is derived from the Greek word "persona" which was a mask that Greek actors and actresses wore to represent the characters they "personified". Later, the Romans applied it to the actors themselves. Personality is the fusion of the two words which mean "outer facade" and "inner essence of man". Simply defined, personality is the characteristic pattern of behavior evolved by each individual in an effort to adapt to their environment. Personality traits are consciously and unconsciously evolved during the first period of maturation to form a characteristic individual lifestyle.

"Personality refers to deeply rooted patterns of behavior, which include how one relates to perceiving and thinking about the environment and about oneself" - **American**

Psychiatric Association, (1987).

"An individual model of psychological processes arising from motives, feelings, thoughts and other major psychological functions. the personality is expressed through its influences on the body, in conscious life, through

the social behavior of individuals”- Mayer, (2005).

Type of Personality :

Extrovert - People having extrovert personality have mixing nature. They can make friends easily. They have helping nature, and mix with people easily. They take much interest in outside world. They live in the present, and are quick when it comes to decision. They live in community’s their personality is well-developed.

Introvert - People with introvert personality prefer isolation. Their identification is related only to themselves, their emotions and their work. They are unable to express before anyone their conflicts and problems. These types of worried result in a defective personality.

Aysegul Savasan and Gonul Uzgur (2018) had investigation the relationship between personality characteristic and work place bullying of nurses. The research from 804 nurses Izmer hospital and after selection of selection done finally 260 nurses whom founded voluntarily participated with prior consent and permission of local authority, and ethical come tie and there was held psychological questionnaire. The Result shows that the all characteristics of nursing of work place bullying was a main purpose for there after the study analysis the result describe as a 35.60 t 8.11 Male 36.42 t 5.06) 92.7 nurses female in a pattern of examination found 51.9 % of nurses day time and night work did 44.6% nurses having happiness in work in own occupational work. 62.1 %Happiness described in working in department in they are worked. Summary. Limited level of effect on work place balance and training of skill developmental programme should be important in a future, longitudinal design method with interview should apply for future work.

Objective

The objectives are:

1. To assess the introvert personality of the full time and contractual female nursing staff.
2. To assess the introvert personality with regards to female nursing staff of day and night shift.
3. To assess the interactive effect of introvert personality with regards to type of education and shift.

II. METHODOLOGY

Hypothesis

1. There will be no significant difference in the mean score of introvert personality among the full time and contractual female nursing staff.
2. There will be no significant difference in the mean score of introvert personality among the female nursing staff of day and night shift.

3. There will be no significant difference in the interactive effect of the mean scores of introvert personality with regards to the type of education and shift.

Sample

The sample of the present study constituted total 120 nurses out of which 60 were from full time female nursing staff (30 day shift and 30 night shift) and 60 from contractual female nursing staff (30 day shift and 30 night shift).

Research Design

A total sample of 120 nurses equally distributed between type of education and shift from Ahmedabad City selected for the research study.

Showing the table of Sample Distribution

| Shift | Type of Education | | Total |
|--------------|--------------------------------|----------------------------------|-------|
| | Full time female nursing staff | Contractual female nursing staff | |
| Day Shift | 30 | 30 | 60 |
| Night Shift | 30 | 30 | 60 |
| Total | 60 | 60 | 120 |

Variable

Independent Variable

1. **Type of Education** : Full time female nursing staff and Contractual female nursing staff.
2. **Shift** : Day shift and Night shift.

Dependent Variable : Introvert Personality Score.

Tools

The Introvert - Extrovert Personality Inventory (IEPI) by Dr. Ashwin Jansari (2013). The personality type is measure by Jansari is Introvert - Extrovert Personality Inventory. This test contains 50 items with ‘yes’ or ‘no’ responses. Its has test-retest reliability 0.62 and split half reliability 0.87 and the concurrent validity range from 0.59.

Procedure

The permission was granted from full time and contractual female nursing staff of urban hospitals for data collection in Ahmedabad City after the establishment of rapport, personal information and the ‘Introvert - Extrovert Personality Inventory (IEPI)’ was administrated the data was collected, scored as per the manual and analyzed. The statistical method ‘F’ test was calculated and results were interpreted.

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